

Soba Noodle Salad

1/4 cup honey

1/4 cup soy sauce

4 tsp. sesame oil

1 pound soba noodles, cooked 3 to 4 minutes and refreshed in ice water

1/2 cup sliced green onions

1/2 cup fresh bean sprouts

1/2 cup thinly sliced carrots

1/2 cup sliced cucumber

1 cup lightly crushed toasted cashews

1 tbs. chopped fresh cilantro

2 tbs. sesame seeds

In a bowl whisk together honey, soy sauce and sesame oil. To the noodles, add green onions, bean sprouts, carrots, cucumbers, cashews, cilantro, sesame seeds, and the soy mixture and mix thoroughly.